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AgriSafe Network Highlights Health Challenges During International Year of the Woman Farmer

Covington, LA - In recognition of the International Year of the Woman Farmer (IYWF), AgriSafe Network is emphasizing the health and safety challenges faced by women working in agriculture. With over 1.2 million female producers in the United States ([2022 Census of Agriculture](#)), women are integral to the agricultural sector, and they encounter unique occupational hazards that demand additional focus.

Female farmers often engage in physically demanding work, increasing their risk of musculoskeletal injuries. Age-related health concerns further increase this risk. The average age of the U.S. farmer is 58.1 years ([2022 Census of Ag](#)), and while men experience a gradual loss of bone mass as they age, women can lose up to 25% of their bone mass in the first five years after menopause, which on average occurs at age 51 ([Carlson & Vadakekut, 2026](#)). Women in agriculture also must navigate finding PPE that fits, for best protection against work-related exposures including extreme temperatures, inclement weather, chemicals, zoonotic diseases, mold, and dust. Additionally, many women in agriculture juggle caregiving responsibilities which further impacts their physical and mental well-being.

"Investing in the health and safety of women farmers is essential for building healthier communities," said Natalie Roy, CEO of AgriSafe Network. "By advancing research, education, and outreach that reflect their lived experiences, we can help ensure that women in agriculture are not only recognized but protected, supported, and empowered to thrive."

AgriSafe is committed to addressing these challenges through initiatives such as the Total Farmer Health® model, which promotes comprehensive well-being for agricultural producers. The organization offers resources and trainings tailored to women's health needs, including educational materials on personal protective equipment, reproductive health, and mental health support.

As the fastest-growing demographic in farming, women are driving change in how food is produced and how communities are sustained. AgriSafe calls upon their partners and all stakeholders across the agricultural sector to prioritize the health and safety of women farmers, and to recognize their pivotal role in feeding the world.

For more information on AgriSafe Network's initiatives and resources for women in agriculture, visit their webpage, [International Year of the Woman Farmer](#). For media inquiries, please contact Laura Siegel, AgriSafe's Health Communications Officer, at lsiegel@agrisafe.org.

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About AgriSafe Network

AgriSafe Network is a national 501©3 non-profit that educates health care professionals and agricultural communities about important health and safety information for those working in agriculture, fishing, and forestry. They bring together national experts to develop educational materials that can be delivered both digitally and in-person. Their mission is to protect the people who feed the world – and in addition to education, they are cultivating a network of trained agricultural health and safety professionals that understand and support [Total Farmer Health®](#). For more information, visit their [website](#), and follow them on [Facebook](#), [Twitter](#), or [LinkedIn](#).